

Library Workshop

Research Overview

Workshop Objectives

At the completion of this workshop students will:

- Be able to construct a research statement and distinguish appropriate keywords to conduct an information search.
- Be able to apply keywords and search techniques to the library's search systems to locate library materials available through the library.
- Be able to evaluate resources accessed through the library's One Search system and databases.

How do I choose a topic?

Think about what interests you most or something you always wanted to find out about.

Use a resource to help you find a topic and gather some background information. Perhaps reading a newspaper will give you an idea. Next, I'll show you some library databases that can help you locate topics on current events, controversial issues, or social issues.

Library Databases for Topic Ideas

- These three databases are a good place to start when trying to decide on a topic or understand various arguments surrounding a topic.
- [Opposing Viewpoints Resource Center](#)
- [Points of View Reference Center](#)
- [SIRS Researcher](#)
- **For off-campus access you'll need to log in using your RCCD email.**

LETS PRACTICE!

- <https://mvc.libwizard.com/f/workshops>

Developing a Manageable Topic

When starting a research project, people often start with a broad, general topic. From there, it's important to narrow it down to something manageable for the assignment requirements.

When trying to narrow down your topic, it may help to think of the 5 Ws:

1. **Who?** - Does your topic relate to a specific population, age group, ethnic group, etc?
2. **When?** - Does your topic involve a certain time period?
3. **Where?** - Is your topic specific to a certain geographic area, country, city, county etc?
4. **What?** - What aspect of your topic do you want to look at? Legal issues, social issues, educational issues, etc?
5. **Why?** - Why is your topic important or what are some of the concerns surrounding your topic? Pollution, economic impact, etc?

Keywords: Why?

- **Why are keywords important?** Library databases work more efficiently when keywords are used to search for information.
- Once you have identified the primary keywords in your topic, you can use those to search for books, as well as articles in journals, magazines, newspapers, etc.
- Next are some things to keep in mind while you're brainstorming keywords...

Examples of Research Questions and Keywords

- Video games contribute to childhood obesity
- Social networking sites should be liable for personal privacy
- Charter schools are more effective than public schools

LET'S PRACTICE!

- <https://mvc.libwizard.com/f/workshops>

How to Develop Additional Keywords

Main keywords: These are the main search terms from your research question or thesis statement.

Broader terms: Broader topics can be helpful when searching for books related to your topic.

Narrower terms: You might find it helpful to focus on more specific aspects of a broad topic.

Related terms: These are often people, places, issues, ideas or events related to the topic.

Synonyms: Using synonyms can be helpful if you aren't finding relevant search results.

Variant forms: Often these are different parts of speech or singular/plural forms of a word.

Make a list of keywords related to your topic...

Examples of Additional Keywords

Primary Keywords	Synonym 1	Synonym 2	Synonym 3
Video Games	Computer games	Virtual Games	Internet Games
Childhood	Youth	Adolescents	Children
Obesity	Overweight	Unhealthy	Juvenile Diabetes

Using your Keywords

We can now use some of those keywords to look for books and articles available through the library.

When starting your search, you can start with your broad topic and then add in your additional keywords to get more specific results.

Stat at the library's homepage:

<https://www.mvc.edu/student-support/library/index.php>

Search Techniques

- **Boolean Operators**

- **AND:** Connecting search terms using AND will give you FEWER results. It's good for narrowing down your search results. Ex: children and technology
- **OR:** Connecting search terms using OR will give you MORE results. It's good for searching for similar terms. Ex: (covid-19 or coronavirus)

- **Phrase searching:** To search multiple terms as a phrase, place the search terms in quotes. Ex: "work from home"

One Search

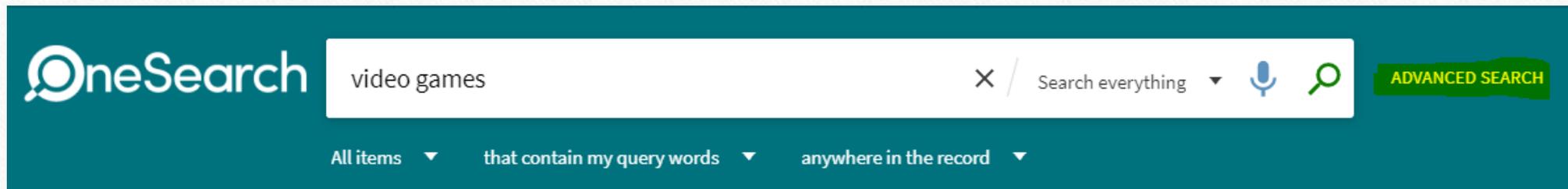
The Library's **One Search** system allows you to search for books and electronic resources all in one place!

We can start with our general topic of video games.



How to Add Additional Keywords

Once you've done a search on video games, click on the Advanced Search button on the right.



Add your additional keywords*

*You may need to 'Add a New Line' if you have more than 2 keywords

Click on Search

Search for:

Search everything Textbooks / Reserves MVC Library Catalog
 Electronic Resources RCCD Library Catalog

Search filters

Any field ▼ contains ▼ video games

AND ▼ Any field ▼ contains ▼ childhood

AND ▼ Any field ▼ contains ▼ obesity

Material Type
All items ▼

Language
Any language ▼

Start Date:
Day ▼ Month ▼ Year

End Date:
Day ▼ Month ▼ Year

+ ADD A NEW LINE CLEAR

→ Any field contains video games AND Any field contains childhood
AND Any field contains obesity

SEARCH

Filter your results 0 selected PAGE 1 5,231 Results

Sort by Relevance ▾

Show Only ▲

- Available online
- Peer-reviewed Journals

Publication Date ▲

From 1982 To 2020 Refine

Resource Type ▲

- Articles (4,462)
- Newspaper Articles (500)
- Reviews (80)
- Book Chapters (68)
- Reference Entries (66)

ARTICLE

1  **Replacing Non-Active Video Gaming by Active Video Gaming to Prevent Excessive Weight Gain in Adolescents**

Simons, Monique ; Brug, Johannes ; Chinapaw, Mai J. M. ; de Boer, Michiel ; Seidell, Jaap ; de Vet, Emely ; Votruba, Susanne Breuer

PloS one, 2015-07-08, Vol.10 (7), p.e0126023-e0126023

“ OBJECTIVE: The aim of the current study was to evaluate the effects of and adherence to an active **video game** promotion intervention on anthropometrics, sedentary screen time and consumption of sugar-sweetened... ”

[Available Online >](#)

ARTICLE

2  **Active video games as a tool to prevent excessive weight gain in adolescents: rationale, design and methods of a randomized controlled trial**

Simons, Monique ; Chinapaw, Mai JM ; van de Bovenkamp, Maaïke ; de Boer, Michiel R ; Seidell, Jacob C ; Brug, Johannes ; de Vet, Emely

BMC public health, 2014-03-24, Vol.14 (1), p.275-275

“ ... A new generation of **video games**, the ones that require physical activity to play the **games**--i.e... ”

 PEER REVIEWED

[Available Online >](#)

Search Results

- Once you click Search, the next page will show you a list of results that match your search terms.
- There are several ways you can interact with the search results.

LETS PRACTICE!

- <https://mvc.libwizard.com/f/workshops>

Types of Sources

When using **One Search**, your search results will have a variety of source types:

- Reference/Background Sources
- Books (textbooks, fiction, non-fiction)
- Newspaper Articles
- Magazine Articles
- Scholarly/Peer Reviewed Articles
- Videos

Identifying Source Types

- Once you have a list of results, it's important to be able to identify the types of sources you're seeing.
- **One Search** indicates if the source is a book, article, video, etc.
- Once you locate a source you'd like to read/view, click on the title or the 'Available Online' link.



1

ARTICLE

Replacing Non-Active Video Gaming by Active Video Gaming to Prevent Excessive Weight Gain in Adolescents

Simons, Monique ; Brug, Johannes ; Chinapaw, Mai J. M ; de Boer, Michiel ; Seidell, Jaap ; de Vet, Emely; Votruba, Susanne Breuer

PloS one, 2015-07-08, Vol.10 (7), p.e0126023-e0126023

“ OBJECTIVE: The aim of the current study was to evaluate the effects of and adherence to an active **video game** promotion intervention on anthropometrics, sedentary screen time and consumption of sugar-sweetened... ”

[Available Online >](#)

The screenshot shows a search result interface. On the left, there is a small icon of a document with the number '1' in a box. To the right of the icon, the word 'ARTICLE' is highlighted in yellow. The main title of the article is 'Replacing Non-Active Video Gaming by Active Video Gaming to Prevent Excessive Weight Gain in Adolescents'. Below the title, the authors are listed: 'Simons, Monique ; Brug, Johannes ; Chinapaw, Mai J. M ; de Boer, Michiel ; Seidell, Jaap ; de Vet, Emely; Votruba, Susanne Breuer'. The journal information is 'PloS one, 2015-07-08, Vol.10 (7), p.e0126023-e0126023'. A quote of the objective is provided: '“ OBJECTIVE: The aim of the current study was to evaluate the effects of and adherence to an active video game promotion intervention on anthropometrics, sedentary screen time and consumption of sugar-sweetened... ”'. At the bottom, there is a link labeled 'Available Online >' with a yellow highlight.

LETS PRACTICE!

- <https://mvc.libwizard.com/f/workshops>

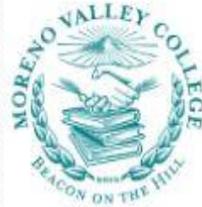
Accessing Electronic Resources

- Sometimes articles are available from multiple library databases.
- To access the article, you'll need to log in with your RCCD Email...

View Online

Gale In Context: Opposing Viewpoints Access for Moreno Valley College	
DOAJ Directory of Open Access Journals Access for Moreno Valley College	
EBSCOhost Academic Search Complete Access for Moreno Valley College	
Public Library of Science (PLoS) Journals Open Access Access for Moreno Valley College	

The library's electronic resources can be accessed 24/7 on or off-campus by using your RCCD student email.



MORENO VALLEY COLLEGE

If you are currently enrolled at Moreno Valley College or you are a Moreno Valley College employee, you can access this electronic resource remotely from off-campus.

Please enter your **RCCD Email Address** below to sign on:

RCCD Email Address:

Sign On

EXAMPLES:

jane.doe@student.rccd.edu
jonathan.gomez@mvc.edu

NOTE: Students are assigned an RCCD email address ending in @student.rccd.edu when they apply to the College. If you do not know your student email address you can login to [WebAdvisor](#) or [MyPortal](#) to find it.

Faculty and staff can sign on using their RCCD issued email account.

How do I find articles?

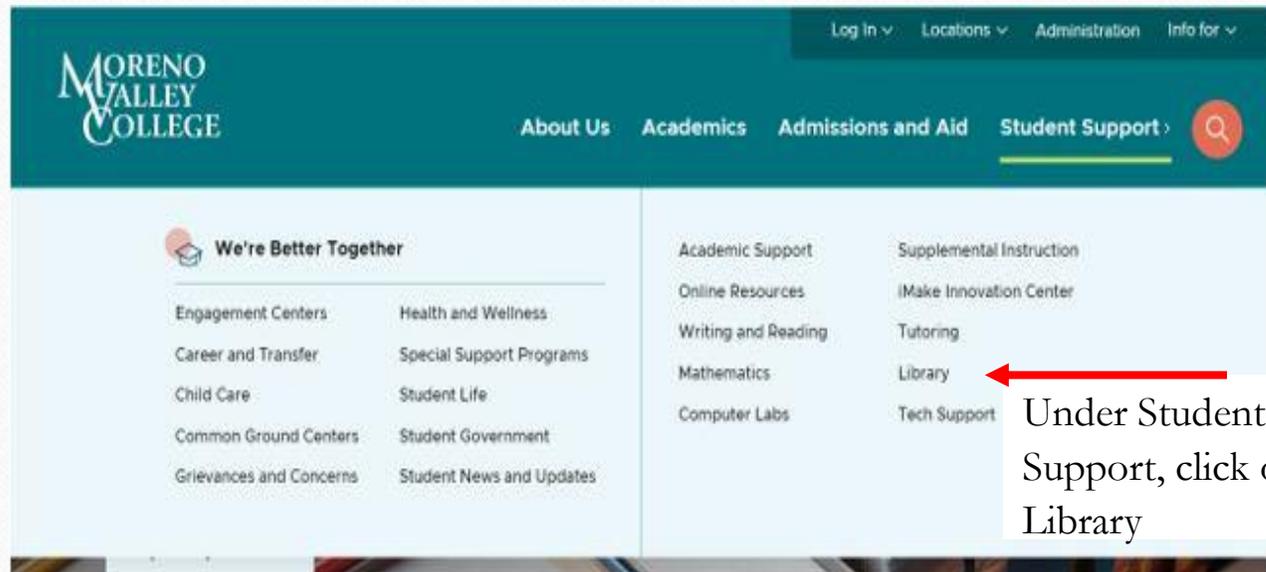
In addition to using One Search to find articles, you can search specific databases.

All of the library's databases are available 24/7 off campus.

The databases can be found on the library's A-Z page.

<https://researchguides.mvc.edu/az.php>

To find the list of databases:



Databases and Technology

- [Electronic Databases A-Z](#)
- [Access Databases Remotely](#)
- [Computers and Internet Access](#)

Click on the link that says Electronic Databases A-Z

Choosing a Database

- This is the list of all the databases the library subscribes to.
- You can read the description and choose the database that's best for your class and topic.
- The most common database to start with is Academic Search Complete.

Academic Search Complete is a multi-subject database that is very useful for a variety of topics.

Databases A-Z

[A](#) | [B](#) | [C](#) | [D](#) | [E](#) | [F](#) | [G](#) | [H](#) | [I](#) | [J](#) | [K](#) | [L](#) | [M](#) | [N](#) | [O](#) | [P](#) | [Q](#) | [R](#) | [S](#) | [T](#) | [U](#) | [V](#) | [W-Z](#)

» [Academic Search Complete](#)

Provides full text for journals, magazines and scholarly/peer-reviewed titles.

» [Academic Search Premier \(S\)](#)

Provides full text for journals, magazines and scholarly/peer-reviewed titles.

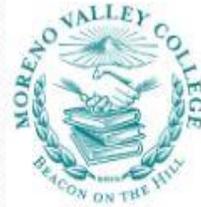
» [All Ebsco Databases](#) (July - June)

Access to EBSCO Databases.

» [America: History & Life with Full Text \(Ebsco\)](#) (S)

The definitive database of literature covering the history and culture of the United States and Canada, from prehis indexing for 1,700 journals from 1964 to present, this database is without question the most important bibliograph scholars of U.S. and Canadian history.

The library's electronic resources can be accessed 24/7 on or off-campus by using your RCCD student email.



MORENO VALLEY COLLEGE

If you are currently enrolled at Moreno Valley College or you are a Moreno Valley College employee, you can access this electronic resource remotely from off-campus.

Please enter your **RCCD Email Address** below to sign on:

RCCD Email Address:

Sign On

EXAMPLES:

jane.doe@student.rccd.edu

jonathan.gomez@mvc.edu

NOTE: Students are assigned an RCCD email address ending in @student.rccd.edu when they apply to the College. If you do not know your student email address you can login to [WebAdvisor](#) or [MyPortal](#) to find it.

Faculty and staff can sign on using their RCCD issued email account.

Once you've logged in, you'll see the search screen.

Enter each search term in a separate box

MOORENO VALLEY COLLEGE

Searching: [Academic Search Complete](#) | [Choose Databases](#)

telecommute Select a Field (optional) ▾

AND ▾ stress Select a Field (optional) ▾

AND ▾ Select a Field (optional) ▾

Search

[Create Alert](#)

[Clear](#) [?](#)

[+](#) [-](#)

[Basic Search](#) [Advanced Search](#) [Search History](#)

After clicking search you'll see a list of results. You can filter your results on the left.

Limit to only full text.

Limit to Scholarly/Peer Reviewed articles if this is a requirement of your assignment

« **Refine Results**

Current Search

Boolean/Phrase:
telecommute AND stress

Expanders

Apply equivalent subjects

Limiters

Full Text

Scholarly (Peer Reviewed) Journals

Limit To

Full Text

References Available

Scholarly (Peer Reviewed) Journals

1989 Publication Date 2016

Search Results: 1 - 6 of 6

1. [The Telework Tradeoff: **Stress** Mitigation vs. Constrained Restoration](#)

By: Hartig, Terry; Kylin, Camilla; Johansson, Gunn. Applied Psychology: An International Graph. DOI: 10.1111/j.1464-0597.2006.00252.x.

As a coping strategy, telework may reduce **stress** from some sources; however, it may this tradeoff between **stress** mitigation and the...

Subjects: TELECOMMUTING; EMPLOYEES; **STRESS** management; ADJUSTMENT PSYCHOLOGICAL **stress**; HOME labor

Show all 7 Images

HTML Full Text PDF Full Text (157KB)

2. [Workplace **Stress** and Working from Home Influence Depressive Symptoms in Women with Young Children.](#)

By: Shepherd-Banigan, Megan; Bell, Janice; Basu, Anirban; Booth-LaForce, Cathryn; H Feb2016, Vol. 23 Issue 1, p102-111. 10p. 4 Charts. DOI: 10.1007/s12529-015-9482-2.

Background: Poor balance between work and family can be a major stressor for women

1. The Telework Tradeoff: **Stress** Mitigation vs. Constrained Restoration.



Academic
Journal

By: Hartig, Terry; Kylin, Camilla; Johansson, Gunn. Applied Psychology: An International Review Graph. DOI: 10.1111/j.1464-0597.2006.00252.x.

As a coping strategy, telework may reduce **stress** from some sources; however, it may also un this tradeoff between **stress** mitigation and the...

Subjects: TELECOMMUTING; EMPLOYEES; **STRESS** management; ADJUSTMENT (Psychol PSYCHOLOGICAL **stress**; HOME labor

[Show all 7 Images](#)



[HTML Full Text](#)



[PDF Full Text \(157KB\)](#)

To view the article,
click on the title of the
article, or the full text
link.

Once you click on the title, on the right you'll see various tools.

◀ Result List Refine Search 1 of 6 ▶

The Telework Tradeoff: Stress Mitigation vs. Constrained Restoration.

Authors: Hartig, Terry¹ (AUTHOR)
Kyllin, Camilla² (AUTHOR)
Johansson, Gunn² (AUTHOR)

Source: [Applied Psychology: An International Review](#). Apr2007, Vol. 56 Issue 2, p231-253. 23p. 6 Charts, 1 Graph.

Document Type: Article

Subject Terms: *TELECOMMUTING
*EMPLOYEES
*STRESS management
*ADJUSTMENT (Psychology)
*SELF-management (Psychology)
*PSYCHOLOGICAL stress
*HOME labor

Images



[Go to all 7 images >>](#)

Tools

- Google Drive
- Add to folder
- Print
- E-mail
- Save
- Cite
- Export
- Create Note
- Permalink

The database will help you cite your sources in the right format, such as MLA.

When you click on the Cite link, scroll through the box in the middle to find the right format, such as MLA.

Citation Format

i NOTE: Review the instructions at [EBSCO Connect](#) and make any necessary corrections before using. Pay special attention to personal names, capitalization, and dates. Always consult your library resources for the exact formatting and punctuation guidelines.

Restoration." *Applied Psychology: An International Review* 56, no. 2 (Apr. 2007): 231-53.
doi:10.1111/j.1464-0597.2006.00252.x.

MLA Works Cited
(Modern Language Assoc.) Hartig, Terry, et al. "The Telework Tradeoff: Stress Mitigation vs. Constrained Restoration." *Applied Psychology: An International Review*, vol. 56, no. 2, Apr. 2007, pp. 231-253. EBSCOhost, doi:10.1111/j.1464-0597.2006.00252.x.

Copy and paste this into your Works Cited list. Be sure to double space the citation and create a hanging indent!

Additional Questions?

- In this workshop we've covered how to get started on a research assignment, how to locate and use materials available through the library, and how to evaluate sources you find through the library.
- Are there any questions or anything else we can help with at this time?

Workshop Tutorial

- This is the brief tutorial for the scholarly articles workshop that provides a certificate of completion when submitted.
- https://mvc.libwizard.com/f/scholarly_articles

How to Contact the Library

- **Chat:** <https://www.mvc.edu/student-support/library/index.php>
 - 24/7!!

During Library Hours:

- **Email:** reference@mvc.edu
- **Text:** 1-951-319-7358
- **Phone:** 1- 951-571-6447
- **Zoom:** <https://www.mvc.edu/student-support/library/index.php>
- Request an appointment with a librarian: <https://mvc.libwizard.com/f/librarianappointment>